

Recycling is very important, but even better is reusing. The process of recycling still uses energy and fuel to get the items to where they need to go.

By making sustainable purchase decisions you can help preserve energy in your everyday life and reduce waste to landfill.

HERE ARE 6 WAYS TO MAKE A DIFFERENCE

1. REUSABLE COFFEE CUPS



By using a reusable coffee cup, we are causing less disposable cups to be produced, lowering the amount of cups sent to landfill and saving the energy and resources that would otherwise be consumed.

There are plenty of alternatives out there, visit

halvewaste.com.au for more details or www.responsiblecafes.com.au for a list of cafe's which offer a discount if you bring your reusable cup!

2. MODERN CLOTH NAPPIES

On average a child will use 6,000 nappies before they toilet train, this adds up to more than 2 billion nappies per year.

To find out more about the alternatives to disposables see our Modern Cloth Nappies handout at halvewaste.com.au

3. REUSABLE MENSTRUAL PRODUCTS

The average woman menstruates for approximately five days a month for 40 years of her life. In developed countries, this amounts to approximately 11,400 disposable products per lifetime.

This depends on individual usage of course. But multiply that by the female half of the population... It really does add up.

There is another way! Reusable Products. For more information please see our factsheet at: halvewaste.com.au

4. REUSABLE WATER BOTTLE

The bottled water life cycle has a considerable environmental impact through the extraction process (from groundwater, a spring or stream), manufacturing the bottle and transporting it around the country, or in some cases the world.

Over half of the single use water bottles end up in landfill, or end up littering our environment.

By switching to a reusable, refillable water bottle we can make sure we stay hydrated without harming the environment.



5. REUSABLE SHOPPING BAGS

Australians currently use over 4 billion plastic bags at the checkout every year. Making a change is simple; next time you shop just say 'no thanks' and use your own bag.

If you forget to bring your reusable shopping bags, you can recycle your soft plastics at your local Coles store through Redcycle. For more information please go to www.redcycle.com.au

6. REUSABLE BEES WAX WRAPS

Instead of using cling wrap for those half eaten apples or lunch-box sandwiches. Try reusable bees wax wraps or reusable containers to freshly store your food!

To find out more email education@halvewaste.com.au or visit our website halvewaste.com.au